

PE Curriculum Overview

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	I: <i>Gymnastics Travelling</i>	I: <i>Gymnastics Taking weight on different body parts</i>	I: <i>Dance Stars (1) Follow my feet (1) Autumn Leaves (1) Icicles and Water (1) Dinosaurs (3)</i>	I: <i>Dance The Very Hungry Caterpillar (2) Mr Jelly and Mr Strong (3)</i>	I: <i>Health Related Fitness/ Athletics/ Prep for Sports Day</i>	I: <i>Health Related Fitness/ Athletics/ Prep for Sports Day</i>
	O: <i>Games Focus on Beanbags</i>	O: <i>Games Focus on using a ball</i>	O: <i>Games Hoops and Quoits</i>	O: <i>Games Ropes, Bats and Balls</i>	O: <i>Games Multi-Skill (ABC)</i>	O: Swimming
Year 1	Dance: <i>Seasonal</i>	I: <i>Dance Conkers (2) March, March, March (3)</i>	I: <i>Gymnastics Flight, bounce, jump and land.</i>	I: <i>Gymnastics Rocking and Rolling</i>	I: <i>Athletics (10 weeks) Follow Scheme of Work/Prep for Sports Day</i>	
	O: <i>Games Ball Skills and Games</i>	O: <i>Games Throwing and Catching</i>	Games: <i>Bat, Ball Skills and Games/Skipping</i>	Games: <i>Developing Partner Work - ball games, kicking, dribbling</i>	O: Swimming	O: <i>OAA/Team Building (3) Follow VS and TOP cards to create problem solving activities</i> <i>Rounders/Strike and Field (3) Teachers to plan 3 week block of appropriate game.</i>

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Year 2	I: Gymnastics Parts high and parts low	I: Great Fire of London/Traditional English Dancing	I: Dance Reach for the Stars (2) Shadows (3)	I: Gymnastics Linking Movements together	I: Athletics (10 weeks) Follow Scheme of Work/Prep for Sports Day	
	O: Games Throwing and Catching/Inventing Games	O: Games Making up a game	O: Games Dribbling, Kicking and Hitting	O: : Swimming	O: Group Games and Inventing Rules	O: OAA/Team Building (3) Follow VS and TOP cards to create problem solving activities Rounders/Strike and Field (3) Teachers to plan 3 week block of appropriate game.
Year 3	I: Gymnastics Symmetry and Asymmetry	I: Gymnastics Travelling with change of front and direction	I: Dance The Language of Dance (6)	I: Dance Tudor Dance	I: Athletics (10 weeks) Follow Scheme of Work/Prep for Sports Day	
	O: Games Ball Skills	O: Games Creative Games Making	O: Swimming	O: Games Net, Court and Wall Games	O: Games Striking and Fielding	O: OAA/Team Building (3) Follow VS and TOP cards to create problem solving activities Rounders or Strike and Field (3)

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						Teachers to plan 3 week block of appropriate game.
Year 4	I: Gymnastics Balance	I: Gymnastics Rolling	I: Dance Electricity (6)	I: Dance Wimbledon (6)	I: Athletics (10 weeks) Follow Scheme of Work/Prep for Sports Day	
	O: Games Net, Court and Wall Games	O: Swimming	O: Games Problem Solving and Inventing Games	O: Games Invasion Games	O: Games Striking and Fielding	O: OAA/Team Building (3) Follow VS and TOP cards to create problem solving activities Rounders/Strike and Field (3) Teachers to plan 3 week block of appropriate game.
Year 5	I: Gymnastics Bridges	I: Gymnastics Flight	I: Dance Volcanoes (6)	I: Dance City Life (6)	Athletics (10 weeks) Follow Scheme of Work/Prep for Sports Day	
	O: Net, Court and Wall Games	O: Swimming	O: Games Invasion and Target Ball Handling	O: Games Invasion Games Implement and Kicking	O: Games Striking and Fielding	O: OAA/Team Building (3) Follow VS and TOP cards to create problem solving activities

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						<p>Rounders/Strike and Field (3)</p> <p>Teachers to plan 3 week block of appropriate game.</p>
Year 6	<p>I: Gymnastics Matching mirroring and contrasting</p>	<p>I: Dance Changes in dance styles since pre-war Britain (e.g. Charleston, Lindy-Hop)</p>	<p>I: Gymnastics Counter-balance and counter-balance</p>	<p>I: Dance The Stone Age</p>	<p>Athletics (10 weeks) Follow Scheme of Work/Prep for Sports Day</p>	
	<p>O: Games Football</p>	<p>O: <u>Swimming</u></p>	<p>O: Games Invasion Games Netball</p>	<p>O: Games Hockey</p>	<p>O: Games Net, Court and Wall Games</p>	<p>O: Games Striking and Fielding Rounders</p>